



# GARWARE CLUB HOUSE

## AQUA AEROBICS CLASSES

### AQUA SPECIALIST - DEEPAI JAIN



**FOR MEMBERS & ASSOCIATES ABOVE 18 YRS**

**EVERY TUESDAY & THURSDAY**

**TIMINGS : 12:30 PM TO 01:30 PM**

**FEBRUARY 2018 BATCH - 08 SESSIONS**

**BATCH BEGINS THURSDAY, 01ST FEBRUARY, 2018**

**INTERESTED ??? MEMBERS ONLY (NO GUESTS) MAY REGISTER BY PAYING Rs. 3,288/- (ALL INCLUSIVE) BY CASH/CHEQUE/CREDIT CARD AT THE MAIN RECEPTION FROM TUESDAY, JANUARY 23, 2018 ONWARDS**

#### **Aqua Aerobics Includes**

Aqua Ball, Aqua Yoga, Aqualates, Aqua Taichi, Aqua Power, Aqua Aerobics, Aqua Kickboxing, Aqua Conditioning & Aqua Resistance Training

**NB : BATCH SIZE IS SUBJECT TO MIN 10 – MAX 30 PARTICIPANTS**

FOR DETAILS CONTACT : RAJ MAHIDA, AAE 93222 31 195